

Knareborough pool

Half term swimming pool timetable

25 February - 3 March 2019

Main pool						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane swim 7.30 - 8am	Early birds 7.30 - 9am	Lane swim 7.30 - 8am	Early birds 7.30 - 9am	Lane swim 7.30 - 8am	Early birds 7.30 - 9am	
Early birds 8 - 8.55am		Early birds 8 - 9am		Early birds 8 - 9am		
Adults only 9 - 10am	Adults only 9 - 10am	Adults only 9 - 10am				
	◆General swim 10 - 11am					
General swim 10am - 1.45pm	Private hire 11.05 - 12.05	◆General swim 10am - 1.45pm	◆General swim 10am - 1.45pm	Aqua-core 10 - 10.45am	*S.D.S. 9am - 12 noon	General swim 9am - 1.45pm (one lane will be used for S.D.S 10am-11am)
	◆General swim 12.05 - 1.45pm			◆General swim 10.45am - 1.45pm		
+Fun session 2 - 3.30pm						
*S.D.S. 4 - 5pm	*S.D.S. 4 - 6pm	*S.D.S. 4 - 5pm			*S.D.S. 4 - 6pm	+Fun session 2 - 3.30pm
		Swim squads 5 - 6pm				
Swim squads 5 - 7pm	General swim 6 - 7pm		General swim 6 - 8pm (one lane used for beginner adult lessons 6 - 7pm)	General swim 6 - 7.45pm	Party hire 4 - 7pm	Party hire 4 - 6pm
Adults only 7 - 8pm	Aquafit 7 - 7.45pm	General swim 7 - 8pm	Adults only 8 - 9pm			
		Adults only 7.45 - 9pm	Adults only 8 - 9pm	We operate a 'no shoes' policy in the changing area. Shoe covers available at reception.		

◆Lane swim Monday - Friday
12 noon - 1.45pm

*S.D.S. is our Swimming Development Scheme

+For children under 16 years and accompanying adults

◆Swimfit lane swimming

No adults allowed on the inflatable

Please note the slide will close at 6.30pm each day

All users of the inflatable must be able to swim 25m unaided. We reserve the right to swim test users of the inflatable to ensure they are competent swimmers and can meet the minimum 25m requirement.

For child supervision ratios please see our website www.harrogate.gov.uk/knaresboroughpool

Leisure pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
General swim 9am - 1.45pm	General swim 9 - 11am	General swim 10am - 1.45pm	General swim 9am - 1.45pm	*S.D.S. 9.30 - 11am	*S.D.S. 8.30 - 11am	*S.D.S. 9 - 10am
	Private hire 11.05am - 12.05pm			General swim 11am - 1.45pm	General swim 11am - 1.45pm	General swim 10am - 1.45pm
	General swim 12.10 - 1.40pm					
+ Fun session 2 - 3.30pm						
*S.D.S. 4 - 6pm				*S.D.S. 4 - 6pm	+ Fun session 2 - 3.30pm	
General swim 6 - 8pm				General swim 6 - 7.45pm	Party hire 4 - 6pm	

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** For 3 months to 6 years and accompanying adults. - Lots of toys in the pool for the children to play with - booking required

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