

Knaresborough Pool

Autumn/winter swimming pool timetable

6 January - 3 April 2020 (excluding school holidays)

Main pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane swim 7.30 - 8am	▲Early birds 7.30 - 9am	Lane swim 7.30 - 8am	▲Early birds 7.30 - 8.55am	Lane swim 7.30 - 8am	▲Early birds 7.30 - 8.55am	
▲Early birds 8 - 9.25am		▲Early birds 8 - 8.55am		▲Early birds 8 - 9am		
Schools 9.30am - 12 noon	Senior relaxed zone 9 - 10am	Schools 9 - 10am	Schools 9am - 12.05pm	Adults only 9 - 10am	*Learn to swim 9am - 12 noon	General swim 9am - 1.45pm (one lane will be used for Learn to swim 10am -1.45pm)
	▲General swim 10 - 11am	▲General swim 10.05am - 12.55pm -		▲General swim 10 - 11.30am		
▲General swim 12.05 - 12.55pm	▲General swim 12.05 - 1.40pm			Aquafit 11.30am - 12.15pm		
Schools 1 - 2.30pm	Staff training 1.45 - 3.45pm	Schools 1 - 2.30pm	Schools 1.25 - 2.30pm	▲General swim 12.15 - 3.55pm	General swim 12.05 - 1.45pm	
▲General swim 2.35 - 3.55pm		▲General swim 2.35 - 3.55pm	▲General swim 2.45 - 3.55pm			
*Learn to swim 4 - 5pm	*Learn to swim 4 - 6pm	*Learn to swim 4 - 5pm	*Learn to swim 4 - 6pm		Party hire 4 - 7pm	Party hire 4 - 6pm
Swim squads 5 - 7pm		Swim squads 5 - 6pm				
▲General swim 6 - 7pm	Aquafit 7 - 7.45pm	▲General swim 6 - 8pm	▲General swim 6 - 8pm including adult beginner lessons 7.30 - 8pm (1 lane)	▲General swim 6 - 7.45pm	We operate a no shoes policy in the changing area and on poolside. Shoe covers available at reception.	
▲Adults only 7 - 8pm			▲General swim 6 - 8pm			
Staff training 8 - 9pm	▲Adults only 7.45 - 9pm	▲Adults only 8 - 9pm	Adults only 8 - 9pm Including adult improvers/ stroke surgery 8 - 8.30pm (1 lane)	<p>Please note the slide will close at 6.30pm each day.</p> <p>* Learn to swim is the new name of our Swimming Development Scheme</p> <p>+ For children under 16 and accompanying adults. No adults allowed on the inflatable. All users of the inflatable must be able to swim 25m unaided. We reserve the right to swim test users of the inflatable to ensure all users are competent swimmers and can meet the minimum 25m requirement.</p> <p>▲ Lane swim.</p>		

For child supervision ratios please see our website www.harrogate.gov.uk/knaresboroughpool

Leisure pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Schools 9.30am - 12 noon	General swim 9 - 11am	Schools 9 - 10am	Schools 9am - 12.05pm	General swim 9 - 10am	*Learn to swim 8.30 - 11am	*Learn to swim 9 - 10am
	Private hire 11.05 - 12.05pm	General swim 10.05am - 12.55pm		*Learn to swim 10 - 11am		
General swim ▲12.05 - 12.55pm	General swim 12.05 - 1.40pm	General swim 10.05am - 12.55pm	General swim 12.10 - 1.20pm	General swim 11am - 3.55pm	General swim 11am - 12 noon	General swim 10am - 1.45pm
Schools 1 - 2.30pm	Staff training 1.45 - 3.45pm		General swim 2.35 - 3.55pm		General swim 2.45 - 3.55pm	
General swim 2.35 - 3.55pm	*Learn to swim 4 - 6pm	*Learn to swim 4 - 6pm		*Learn to swim 4 - 6pm	Party hire 4 - 7pm	Party hire 4 - 6pm
*Learn to swim 4 - 6pm	General swim 6 - 7.45pm	General swim 6 - 8pm		General swim 6 - 7.45pm		
General swim 6 - 7pm	<p>We operate a 'no shoes' policy in the changing area and on poolside. Shoe covers available at reception.</p>			<p>Please note the slide will close at 6.30pm.</p> <p>* Learn to swim is the new name of our Swimming Development Scheme</p> <p>** Booking essential</p> <p>+ For children under 16 and accompanying adults. No adults allowed on the inflatable. All users of the inflatable must be able to swim 25m unaided. We reserve the right to swim test users of the inflatables to ensure all users are competent swimmers and can meet the minimum 25m requirement.</p>		

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*Swimming price list

Adult	£5.00
Adult concession	£3.60
Child 3 to 16 years	£2.50
Child 2 years	£1.20
Child under 2	Free
Family (2 adults and 2 children)	£13.20
Adult fun session	£5.10
Child fun session	£4.10
Child under 2 fun session	Free

*Prices until 1st April 2020



Swimming memberships (per month)

Early riser swim	£22.50
Swimming plus	£37
Swimming plus concession	£23.50
Swimming plus child	£19
Swimming plus couple	£67.80
Swimming plus couple concession	£43.50
15 session swim cards	
Adult /child	£66.70/£33.30
Concession	£45.40
Working lunch pass	£52

Learn to swim - we run children's, adults, disability, private and school swimming lessons in line with Swim England learn to swim framework. Find out more at www.harrogate.gov.uk/lessons

Pool parties - ask our staff for more details and availability or visit www.harrogate.gov.uk/parties

www.harrogate.gov.uk/knaresboroughpool
King James Road, Knaresborough HG5 8EB
Tel: 01423 860011
email: knaresboroughpool@harrogate.gov.uk

 KnaresboroughSwimmingPool
 @KspPool

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